

\$50

- supports literacy and language development with the purchase of new books
- provides food for the community kitchen program to teach low-income families cost-effective healthy cooking
- provides support for a new mother experiencing post-partum mood disorder

\$100

- provides prenatal vitamins for 4 pregnant teens for their pregnancy
- provides Infant Mother Goose classes for new parents and their babies
- strengthens the parent-child bond through techniques learned in infant massage classes

\$250

- provides First Aid and CPR training for parents of infants and young children
- brings early learning programs and activities to underserved neighbourhoods
- provides nutritional education and counselling to at-risk pregnant women and teens

\$500

- provides 100 healthy meals for pregnant women
- supports weekly outdoor learning exploration in the summer months
- provides facilitated training that strengthens the capacity of all staff to provide programs and services in Peel

\$1000

- operates an outreach location one morning per week for two months to bring programs and services to families in their community
- provides food supplements for 15 families in need for one month
- provides a new computer to replace outdated technology